



NORTHAMPTON SAINTS RFC

## ACADEMY PHYSIOTHERAPIST (PART-TIME)

### JOB DESCRIPTION

Reporting to  
Lead Academy Physiotherapist/Head of Medical/Head of Academy/DPP  
Player Pathway Manager

#### REMIT:

To assist the Lead Academy Physiotherapist in the management and delivery of medical, rehabilitation, injury prevention and athletic development services from senior academy through to the Developing player pathway across our region.

#### RESPONSIBILITIES:

##### CLINICAL PRACTICE

- To deliver medical assessment, treatment and rehabilitation for the Senior Academy in conjunction with the Lead Academy Physio, Senior Physiotherapists and Head of Medical.
- To cover senior training when required by Head of Medical and Lead Academy Physio.
- To cover Senior Injury Clinics as required by Head of Medical
- To coordinate and provide training & match day pitch side cover for PDG& DPP events in association with Lead Physiotherapist.
- To provide match & training session cover for Academy sessions as directed by Lead Academy Physiotherapist
- To deliver medical assessment, treatment and rehabilitation for Junior Saints Academy Players.
- To assist in the provision of injury prevention strategies for Academy and transition players.
- To assist with the provision of athletic development plans for identified players throughout the pathway.

##### MANAGEMENT

- To complete risk assessments for all training and competition venues to ensure medical provision at PDG & DPP sessions meets standards set out in Minimum Standards Document.
- To assist in the management and maintenance of consumable stock and emergency equipment for the academy.
- To arrange player appointments in appropriate injury clinics in the regions
- To manage your own time, prioritise player clinical contact and admin duties as required
- To maintain rigorous medical notes in line with the HCPC guidelines, including in depth rehab plans and programs.
- To assist the Lead Academy Physiotherapist in the management of the Senior Academy players when required.
- To work closely with the DPP Head Coach to develop the DPP medical program inline with the current three year plan
- To develop relationships with higher education providers
- Maintain registration with HCPC and CSP

##### COMMUNICATION

- Communicate injury status of players identified in relevant region to Lead Academy Physiotherapist and assist with the coach's injury report document.
- To assist with musculoskeletal screening of Senior Academy and identified pathway players. To communicate the findings to Lead Academy Physiotherapist in a timely manner.
- To communicate with Director's of Rugby at schools identify to build relationships between medical department and Saints.

SPORTSMANSHIP - PRIDE - INNOVATIVE - RESPECT - INTEGRITY - TEAM WORK

#### DEVELOPMENT

- Agree annual personal development priorities with Lead Academy Physiotherapist and or Medical Lead.
- Devise and agree plan for meeting development targets.
- Complete PHICIS pitchside accreditation as per PGB MSC.

#### PERSON SPECIFICATIONS:

BSc in Physiotherapy or equivalent

Demonstrable membership to the Chartered Society of Physiotherapists (CSP) or equivalent.

Demonstrable membership to the Health Professionals Council (HPC) or equivalent.

Ideally have experience in working in a professional sports performance setting, with some clinical experience

Strong problem-solving skills and the ability to work on own initiative

Committed to high-standards

#### HOW TO APPLY:

Please send a covering letter and CV to Joe Booth by emailing [KatharineBurrows@northhamptonsaints.co.uk](mailto:KatharineBurrows@northhamptonsaints.co.uk)