



NORTHAMPTON
SAINTS
FOUNDATION

Impact Report
2021/22



Safeguarding statement:

Northampton Saints Foundation takes safeguarding very seriously. The safety and welfare of the young people in our care, and our staff, is of the utmost importance.

We ensure all our staff, and regular volunteers, undertake appropriate checks and have regular training to ensure they can carry out their role to the highest standards.

We work with our partners and service providers to ensure safeguarding is our highest priority. We are committed to taking reasonable action to ensure the safety and welfare of everyone who uses the Northampton Saints Foundation.

Charity number: 1176345



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Tyrell Wilson

Foundation Student Mentor,
former HITZ Student.

CREATING POSITIVE FUTURES



“

I was very shy at school and found it hard asking for help. The pressure on me was piling up. I was struggling mentally, and I was getting more and more anxious. In the end, I just stopped going to school.

I started to attend group therapy sessions, but I felt patronised. I didn't feel as though I was being listened to or taken seriously. I failed Maths and English as I hadn't completed enough education. I tried going back to mainstream college – but I just walked in and straight back out again.

Getting involved with Northampton Saints Foundation helped me to turn my life around.

Through their HITZ programme they helped me to rebuild my confidence and self-esteem.

I now work for the Foundation as a student mentor, having progressed from an apprentice, working on the Engage programme. It's so rewarding, and life is really good. I'm so grateful to the Foundation for everything they have done to help me.

They've changed my life.



“

Tyrell is an exceptional example of our work, we are delighted to have him as part of our team, where he can use his own experiences to help other young people whilst continuing his own career pathway. We are really excited for his future.”

- Catherine Deans
Managing Director

Catherine Deans
Managing Director



A MESSAGE FROM US

In a world which is constantly changing, demand for the services offered by Northampton Saints Foundation has never been greater.

In the 2021/22 academic year the Foundation continued to adapt its ways of working as the whole world navigated its way through the second year of the Covid-19 pandemic. We undertook a strategic review, looking closely at the work we do, developing our programmes and the support we offer to ensure we continue to reach as many young people as possible.

We invested heavily in our staff by bringing in additional members of the team. Staff developed their core skills and completed training to support young people with complex behavioural and mental health needs and broadened their knowledge and understanding of the issues affecting young people in present times.

At the heart of our work has been the extraordinary support of our fundraisers and partners, who offer work experience and workshops to inspire our young people and who have worked tirelessly over the past year to help us raise money and awareness. We couldn't be more grateful for their tremendous support.

As a result, our Foundation is becoming increasingly financially independent, putting us in a strong position to meet the challenges which will undoubtedly lie ahead.

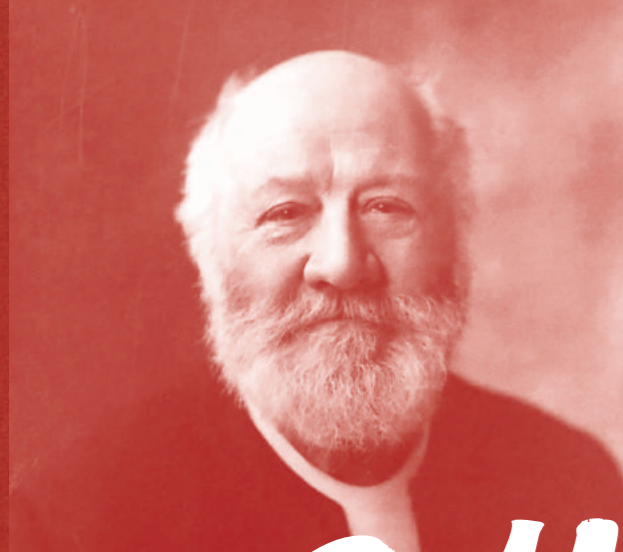
The outcomes have been nothing short of exceptional, with **93%** of the people we have supported, making a positive change during their time at the Foundation. Depending on their circumstances and background this could mean

finding employment, passing exams, re-engaging with their education setting, or showing a positive change to their social or emotional wellbeing. I could not be prouder of each young person, and our brilliant staff who support each young person's journey to their positive pathway.

In the coming months, we will be opening additional hubs, getting closer to the young people who are most in need of our help. We will work with more mainstream schools, identifying intervention points earlier and offering our support much sooner, reducing the risk of disengagement. We will maintain our efforts with those who are disengaged, we will not rest until every young person we work with, however difficult their past, is on the path to a positive future.



“We will maintain our efforts with those who are disengaged, we will not rest until every young person we work with, however difficult their past, is on the path to a positive future.”



OUR HISTORY THEIR FUTURE

Northampton Saints Foundation was established in 2018 to help create positive futures for Tyrell and thousands of other young people just like him, who are lost in mainstream education.

Today, we continue the legacy of Reverend Samuel Wathen Wigg, who in 1880, identified rugby as a way to channel the energies of some of the county's more troubled youngsters, and established Northampton Saints Rugby Football Club.

More than 140 years on, Reverend Wigg's legacy lies at the very heart of our education programmes taught within mainstream schools. 16+ education programmes, for those looking for an alternative education provider, and social inclusion programmes which are delivered through hubs in Northampton, Milton Keynes and Ipswich.

Using the power of sport and the values of rugby our staff and volunteers inspire, support and educate young people who are referred to us, working with them to develop new skills, rebuild their confidence and where appropriate, return to mainstream education, training or employment.

Inspire, Support, Educate.



Giving every person
the chance for a
positive future.





Tom Wood, Jack Fleckney & James Grayson.

Our Ambassadors

Tom Wood

After 12 seasons wearing the black, green and gold, Tom retired from Northampton Saints in June 2022, he remains a passionate supporter of Northampton Saints Foundation and the work we do.

Tom supports the Foundation by sharing his skills and knowledge with the young people, making personal appearances and speaking at events, including our annual student awards.

In April Tom was joined by fellow Saints player Alex Waller to build furniture with young people from our 16+ programmes as part of a community refurbishment project in Daventry, in partnership with VIY and Toolstation.

"Northampton Saints Foundation is expanding quickly to keep up with demand and although they've been hugely successful steering so many individuals back into mainstream education, training or work, the statistics show that those few percent that are missed really suffer, so we must strive to do more."

- Tom Wood



James Grayson

Northampton Saints fly half, James, works with the Foundation on many levels, taking part in promotional filming, attending events, sharing our work in the local community and supporting our young people.

James said: "The Foundation provides much-needed guidance and support for the young people in schools, 16+ and those on their social inclusion programme to get back into mainstream education.

It has been brilliant to see the development of individuals who are starting to understand themselves and become more confident in their own abilities."

Jack Fleckney

Former Royal Marine, Jack Fleckney, is Northampton Saints Foundation's non-player ambassador.

Jack uses his life experience and challenges to raise awareness of the work the Foundation does, as well as helping to inspire our young people and raising funds through World Record attempts and endurance events.

Jack said: "It is an absolute honour to be an ambassador for Northampton Saints Foundation. This year I was lucky enough to represent the Foundation, in partnership with Africa Exclusive, where I visited a school in Africa. I delivered rugby sessions, held a goal-setting workshop and spent a day in the life of a young person. It was humbling to be able to use the same values the Foundation has to inspire, support and educate young people, thousands of miles away."





Preserving AND PROTECTING OUR HERITAGE

The Foundation has a Heritage Team that dedicates it's time to preserving the past and protecting the future of Northampton Saints Rugby Football Club.

Over the past year the Foundation have been working on a number of exciting projects which can be found in more detail on our website by visiting:

northamptonsaintsfoundation.org/heritage



Jim Barker

The restoration of Northampton Saints first Captain, Jim Bakers grave has been completed. Neglected since his 1929 burial, in Dallington Cemetery, the restoration was paid for by the club and Northampton Saints Foundation.

Phil Dowson, Northampton Saints Head coach said the restoration will be used to "educate everyone in the club as to why it's important how we look after people who represent the club".

"Educate everyone in the club as to why it's important how we look after people who represent the club."

- Phil Dowson
Northampton Saints Head Coach



Frank Anderson

Club historian, Graham McKechnie and Club Captain Lewis Ludlum uncovered the story of Frank Anderson, the club's first mixed-race player after finding an unframed photo in our archive, a story which is now being shared within the Foundations heritage programme and during heritage events.



Mike Wathen Wigg

We were delighted the great grandson of our club founder, Reverend Samuel Wathen Wigg, made contact with the Foundation to share personal unseen photos, newspaper clippings and stories which have now been digitally archived and will be shared on our website in the near future.

He enjoyed a tour of the stadium, led by Club historian Graham Mckechnie and met with trustee and club director Ella Bevan, Director of Rugby Chris Boyd, Heritage Lead Clare Clarke and Reverend Jez Safford.



Our History, Their Future



Delving into the archives

With the support of our amazing volunteers, the Foundation has started the process of reorganising and cataloguing a wealth of archive material including team photos, shirts, international caps and trophies, using it to conduct further research into the club's vibrant history.



Education

The Foundation has developed a five-week heritage programme, called Tackling Heritage to be delivered with primary and secondary schools across Northamptonshire from September 2022.

Education PROGRAMMES

Each year, Northampton Saints Foundation educates thousands of young people in mainstream schools helping to keep them engaged and reduce the likelihood of exclusion.

Our intervention programmes teach our young people meaningful new skills and encourage physical, social and emotional development.

76 programmes delivered
1,786 hours delivered
22 different schools engaged



Encourages pupils to be active and discover their inner champion to help grow their self-esteem, raise their aspirations and achieve their potential.

Working in partnership with Northampton Saints Community team. Thank you to Wilson Foundation for their continued funding.

Schools: 34

Hours delivered: 610 hours

Students: 2,426



Foundations
of Writing

Teaches fine and gross motor skills to develop a real passion for writing.

Children will develop motivation and confidence within their writing as well as the core physical skills which underpin it.

Schools: 22

Hours delivered: 225 hours

Students: 850



Values

Sessions encourage interaction, understanding and personal development, with pupils discussing and developing their knowledge of the core values and how they can be applied in real-life situations.

Schools: 11

Hours delivered: 882 hours

Students: 1,031




Sensory Boost

Aims to inspire and support young people in their cognitive, social and emotional sessions. Encourages young people to self-regulate their own thoughts, feelings and behaviours, create self-awareness, develop their communication skills and grow in confidence.

Schools: 2

Hours delivered: 69 hours

Students: 215



Denfield Park Primary School

"Northampton Saints Foundation has benefitted Denfield by giving children an opportunity to learn about rugby as a sport as well as the core values that are useful in their everyday lives.

The team delivering the sessions have been so amazing at engaging the children and offering such a wide range of lessons that are exciting as well as educational. Denfield children really look forward to the Northampton Saints Community team sessions and equally love the active and classroom based sessions delivered by the Foundation.

Students love having passionate role models to show them a wide range of skills, they enjoyed tag rugby and the gross motor skills from the writing sessions."



"I think it is brilliant having a passionate team deliver lessons that are linked to a professional sports team. I feel it allows children to dream big!"

- Lucy Peden, Year 2 Teacher,
Denfield Park Primary School

16+ PROGRAMMES



HITZ is Premiership Rugby's flagship employability and education programme, supporting young people aged 16-19 to make positive changes in their life improving their physical, mental and social wellbeing.

Taught in partnership with SCL Education, the HITZ learning academy embeds the core values of rugby, teamwork, respect, enjoyment, discipline and sportsmanship and offers a relaxed environment giving young people the chance to earn accredited qualifications, complete work experience, take part in workshops and enjoy a wide range of enrichment activities.

100% of young people on the HITZ programme achieved a pass rate for functional skills.

100% of the young people on the Engage+ programme saw positive progression routes through achieving a place within further education, training or employment.



Engage+, in Partnership with Northampton College, is a programme designed to support young people who need additional learning support or are at risk of not being in education, employment or training (NEET). The programme was founded in October 2017 with the support of the Always a Chance charity.

The programme incorporates a range of practical and classroom-based activities which encourage those taking part to make positive life choices for themselves. The programme prides itself on its links to local companies who offer a wide range of work experience, volunteering opportunities and engaging workshops.

PROGRAMME HIGHLIGHTS

Over the past year young people on the HITZ and Engage+ programmes have taken part in a number of workshops and projects to increase their experience, skills and employability.



34 hours of motivating, informative and creative workshops



Celebrating National Apprenticeship week

During National Apprenticeship Week Aldi, St Andrews, Colonial Construction and Travis Perkins worked with our young people to INSPIRE, SUPPORT and EDUCATE, building important connections for their future.



Goal setting workshop

A goal-setting workshop run by ambassador Jack Fleckney encouraged young people to find their objective, passion and reason for creating future goals.



Inspiring sessions

Reds Recovery College, part of St Andrews Healthcare, delivered a session on taking personal responsibility. Looking at what taking personal responsibility means, what responsibilities young people currently have and what they will face in the future.



Enrichment activities

Enrichment activities are a key part of the Foundation's 16+ programmes to reward our young people for their hard work and to build relationships and encourage teamwork to strengthen relationships.

This year they have enjoyed trips to the cinema, an escape room challenge and go-karting.



Creative sessions

Charlotte from ArtMinds worked with a number of young people across our education and social inclusion programmes to create decorative coasters, plant pots and sand ornaments.

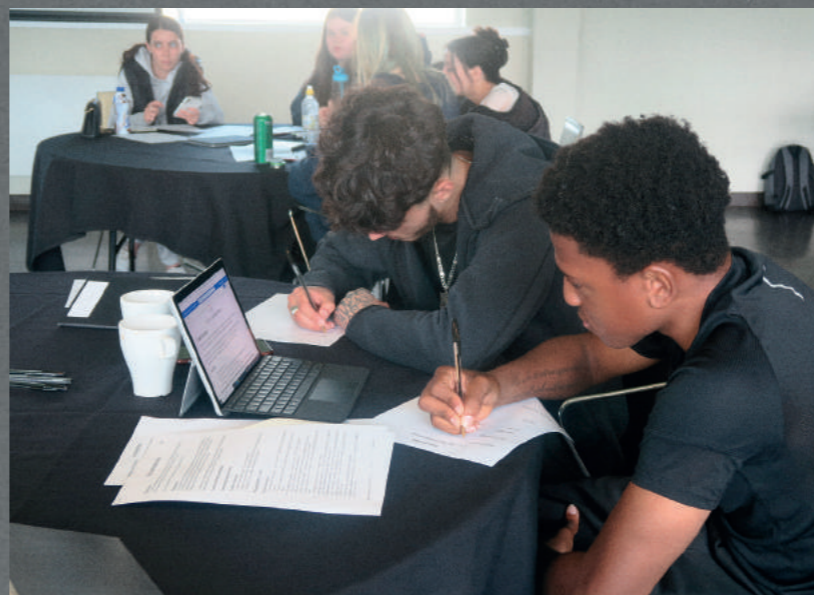


Volunteering project

24 students volunteered more than 200 hours to transform Daventry community centre. They were joined by Tom Wood and Alex Waller, from Waller and Wood Woodworks, who used their carpentry skills to build furniture giving a special handmade touch.

Young people used the values of rugby to stay focused and worked as a team to achieve City & Guilds accreditations in painting and decorating and health and safety.

CV & INTERVIEW WORKSHOP



“I believe I did really well and hopefully I got the job, so thank you for everything.”

- Ernis, HITZ Student

Leadership and Development Consultants Doug Ferguson and Mel Hayward delivered their three-part CV and interview workshops. Young people created their own CVs, learnt tips and tricks for a successful interview and took part in a business simulation day which saw them interview with local businesses.

Ernis a former HITZ student who completed the programme in September got in contact to say: “Just emailing to let you know I just finished up with the interview for the plumbing apprenticeship and how thankful I am for what Northampton Saints Foundation was able to provide, since this allowed me to confidently complete the interview with no issues or stutters. I believe I did really well and hopefully I got the job, so thank you for everything.”

Thank you to:

Aldi, Goodwill Solutions, Travis Perkins and Approved Business Finance who attended the day.

We are looking to work with more partners across Northamptonshire who can offer young people work experience, employment and hold engaging workshops. To find out more, please email:

admin@northamptonsaintsfoundation.org



SOCIAL inclusion

Engage

We understand the school environment isn't suited to everyone. Many young people experience mental health issues, attainment challenges, behavioural problems and traumas which can affect their education.

During a maximum of three days per week, young people visit one of our five hubs across Northamptonshire, Milton Keynes and Ipswich to take part in a wide range of social and emotional development opportunities alongside physical activities from crazy golf, trampolining and various sports.

Taking participants away from their everyday routine encourages them to see the positives in everyday life whilst improving their confidence, self-esteem and communication, giving them the tools they need to break down the barriers they are facing, tackle life's challenges – and create their own positive pathway to flourish.

Their time on the programme is tracked through a progression passport and we aim to get every young person we work with re-integrated and re-engaged in learning and on route to a positive future.

"Giving them the tools they need to break down the barriers they are facing, tackle life's challenges – and create their own positive pathway to flourish."

4,760 daily sessions across all hubs

93% of young people saw a positive progression

5 hubs



Old Northamptonians

Billing Road, Northampton NN1 5RX

Boost Trampoline Park

A Fairground Way, Northampton NN3 9HU

Ipswich Rugby Club

Humber Doucy Lane, Ipswich IP4 3PZ

Bletchley Rugby Club

Pavilion, Manor Field, Fenny Stratford, Bletchley, Milton Keynes MK2 2HX

TopJump Inflatable Park

Northfield Drive, Milton Keynes MK15 0DQ



HUB UPDATES

Bletchley, Milton Keynes

In the past year, a new hub has opened at Bletchley as an extension to the existing hub in Milton Keynes, to help provide better support for young people in the city.

It is the first to be working exclusively with the NHS and has been supported by three grants from the Clinical Commissioning Groups, CAMHS Community Mental Health and the Milton Keynes Community Foundation.

The grants ensure the Foundation can provide placement for young people who access their services and are either at risk of admission into a tier 4 unit (CCG grant) or young people who require further help with their overall mental health and creating a positive pathway for the future (CAMHS grant).

The hub currently supports a maximum of six young people per day at high risk of crisis presentations in A&E and possibly even sectioned under the Mental Health Act 1983 for their own safety.



Ipswich

The Foundation's Ipswich hub welcomed its first cohort of 20 young people in November 2021 supported by Suffolk Community Foundation through the Suffolk Police & Crime Commissioner's Fund.



CASE STUDY: Milton Keynes



'A' was suicidal when he was referred to the Engage Programme in Milton Keynes.

He had been diagnosed with autism, anxiety, sensory problems, and other difficulties. He was overwhelmed and ended up in A&E in crisis.

He started attending the Milton Keynes hub once a week, and these visits were gradually increased. He is now attending three sessions a week, the maximum possible.

His mum told us: "He is a completely different boy. He is so much more confident and happier than I have seen him for a long time."

"He is so much more confident and happier than I have seen him for a long time."

HOLIDAY ACTIVITIES



Overall this year the Foundation has supported 106 young people through holiday programmes.

The Foundation runs holiday programmes for young people who are eligible for free school meals and to give further support to young people currently on the Foundation's programmes.

The programme offers young people a focus during the holidays, keeping them away from potential risks they may face, targeting a reduction in anti-social behaviour and crime during these periods.

Young people are able to get involved in some fantastic enrichment opportunities such as Boost Trampoline Parks, Goals and Laser Zone.

Supported and funded by:

Suffolk County Council
Public Health England
Milton Keynes CAMHS

Department for Education
West Northamptonshire
Council

North Northamptonshire
Council
Northamptonshire Sport



"I had no expectations of how it would go but the boys both thoroughly enjoyed their time with you at the club."

SAINTS INSIDE

Saints Inside programme incorporates both Northampton Saints Foundation and rugby's own core values through classroom and physical activity to reduce reoffending within UK prisons.

At Northampton Saints Foundation we believe education and training in prisons play a key role in improving the mental health and improving the employability of residents upon release. Saints Inside gives participants the opportunity to increase their confidence, become productive and learn new skills to reduce criminality, isolation and help change their lives for the better.

The 12-week programme consists of pitch based rugby sessions, classroom-based values lessons, CV writing and interview skills, diet and nutrition advice plus strength and conditioning and team building activities. Participants will receive a Level 2 gym instructor qualification as part of the course and receive visits from industry professionals and motivational speakers.

After a successful pilot in HMP Highpoint, the Foundation is continuing to work with new cohorts and expanding its work with HMP Five Wells.

**SAINTS
INSIDE**

"My brother in law is an inmate at HMP Highpoint south where you guys have just done a rugby/fitness course there. He rang me a few days ago having won the player of the course and you presented him with one of your away jerseys at a presentation day, he told me it was his best day he'd had in prison and he has been inside for five and a half years.

He was so happy and it has given him such a positive boost to now get his category D and finish his sentence. I can't thank you enough for what you have done for him as it has often been a rocky road in prison and what many people don't realise is that family are taken on this journey too and things like this where people like yourselves take time to help people are just so fantastic.

I just wanted to let you know what a great positive impact you have had on him, I can't thank you enough for that."





“We are so proud of each and every one of them.”

FOUNDATION AWARDS

Northampton Saints Foundation's awards evening is one of the most important dates in our calendar.

Held at cinch Stadium at Franklin's Gardens, this year's event was attended by 120 guests, including young people from the Foundation's education and social inclusion programmes, trustees, ambassador Tom Wood, supporters, donors and fundraisers, parents and guardians.

Northampton Saints Foundation's Managing Director, Catherine Deans said: "The awards ceremony was all about our remarkable young people, recognising their achievements and just how far they have come – we are so proud of each and every one of them.

"It was also an opportunity to thank our supporters and our volunteers who have done so much to support our work throughout the past year."



Among those students who were recognised at the event was Domi, who joined the Foundation's Engage+ programme, which is run in partnership with Northampton College, earlier this year.

Upon receiving the Foundation's Values award she said: "At the beginning of the academic year I went to college, and it wasn't working for me. But I came to the Northampton Saints Foundation, and everything has been better. I am so grateful for all the opportunities I have been given and everything the team has done for me. I wish that more young people could get involved with the Foundation so they could experience the same things that I have."

“I am so grateful for all the opportunities I have been given and everything the team has done for me.”

- Domi, award winner



Sidney, who also won a Foundation Values Award through his work with the Engage programme, said: "I am really happy to receive this award. Northampton Saints Foundation has really helped me to develop my confidence and I've had a blast in Engage."



“Northampton Saints Foundation has really helped me to develop my confidence.”

A special contribution award was presented to Marcel Binley of The Roastery, a coffee company based in Wellingborough, which has supported the Foundation by offering work experience placements to its students, barista qualifications and has raised money for the Foundation through the development of a bespoke coffee blend called 'Marching In'.

Marcel Binley said: "We've had around 50-60 young people come through the doors of the academy, where they learn about coffee and the basics of how to become a barista. It's so rewarding to see how they flourish."

A total of 14 awards were given out during the evening, which was hosted by BBC Radio Northampton's sports editor and Saints' historian, Graham McKechnie.



Award winners:

Education Awards



Sponsored by The Training Space

School of the Year: Lumbertubs Primary School

Class of the Year: NIA Send Unite

Student of the Year: Elizabeth and Lincoln

Engage+ Awards



Sponsored by Approved Business Finance

Foundation Values Award: Domi

Progression Award: Shakira

Student Achievement Award: Ernis and Jamare

Hitz Awards



Sponsored by MPA

Foundation Values Award: Maisie

Progression Award: Nils

Student Achievement Award: Mia

Engage Awards



Sponsored by The Roastery

Foundation Values Award: Sidney

Progression Award: Annaleigh

Student Achievement Award: Cameron

Foundation Values Award: Kian

Contribution Award



Sponsored by Ewing Associates

Marcel Binley, The Roastery



As we reach the end of the 2021-2022 academic year, it's time to look back at some of the Foundation's highlights from news, events, success stories, our wonderful fundraisers, and corporate partners.



A life saving defibrillator donated by an anonymous donor in the Saints Sinners Facebook group



Ambassador Tom Wood created a reflection bench in memory of Saints fan, David 'Bonso' Wilton



Foundation secures funding for youth counsellor

The grant, awarded by the National Lottery Reaching Communities fund will allow the Foundation to employ a Youth Counsellor to support all young people, across the Foundation's 16+ Education and Social Inclusion programmes and provide its staff with specialist support.



Foundation announced as Ballyhoo PR's charity of the year



Jordan and Tyrell featured on The Give Back Pod



A total of 20,368 eco-cups were collected in the 2021-2022 season



FOUNDATION DAY

- In April, the Foundation held its second annual Foundation Day, raising more than £60,000.

Northampton Saints turned cinch Stadium at Franklin's Gardens red, white and grey at their match with Bristol Bears, helping to raise vital funds and awareness of the Foundation's work.

The village came alive with fundraising activities, face painting and a tombola and Northampton Saints players who weren't involved in the match took selfies and signed flags for a donation. On the pitch players, wore Foundation branded t-shirts for the warm-up and game, mascots lined the pitch players ran out to fireworks and red smoke to mark Foundation Day.

During the game representatives from Exceed Group took auction bids around the stadium and half-time saw competition winners take part in a kicking challenge, with an incredible £1,000 for each successful kick donated by Foundation Day headline partners, cinch.



cinch



Our Supporters

None of the work Northampton Saints Foundation does would be possible without the support of our generous fundraisers, donors and volunteers and we couldn't be more grateful.

Thanks to their enormous efforts, we have been able to push forward with our plans to improve the programmes we offer to young people across Northamptonshire and beyond, putting them on the path to a brighter future.

Numbnuts

Numbnuts raised more than £30,000 for the Foundation by taking part in a 1,100-mile cycle from Northampton to Stockholm, in Sweden.

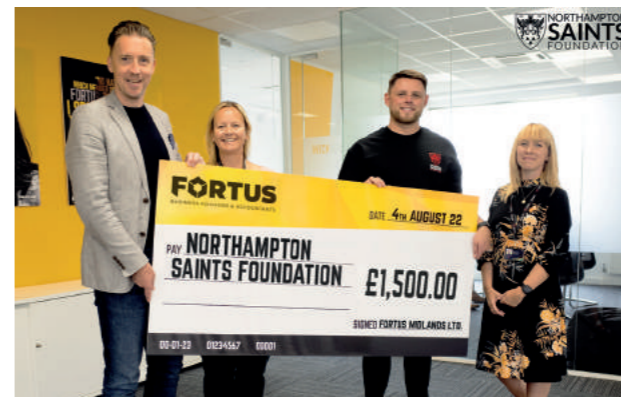


Thank you to those who donated through our Friend of the Foundation scheme



Scrummy feasts

Northampton Saints Players Performance Head Chef, Nick Taylor raised over £7,000 with a charity cookbook which is filled with recipes, from current and past Northampton Saints players plus coaching and management teams.



Fortus

Fortus held a golf day at Staverton Park, the day raised more than £1,500.

Thank you to Isabelle who continues to donate money from her acting career



Africa Exclusive

To celebrate 30 years in business, adventurers from Africa Exclusive showed their support by travelling the length of the Zambezi river.

The team in the UK equalled the distance through a number of activities to raise a total of £10,000 which will help fund a brand-new vehicle to transport young people on our 16+ programmes to work experience opportunities and activities.



Bret Ferguson

In July, Bret raised £1,600 by taking part in an Ironman event in Bolton. Bret swam 2.4 miles, cycled 112 miles and then took part in a marathon, completing the course in under 17 hours.

He said: "It's really rewarding to know that I've been able to support the Northampton Saints Foundation in this way. I've been lucky, I've not had to worry about anything growing up and it's great to think I might have been able to help those children and young people who haven't had such a great start."



Support from ex-Saints players'

23 former Saints players' united to show their support for the Foundation by sponsoring a student. The Foundation would like to say a special thank you to the following players who contributed:

Budge Pountney, Simon Hepher, Paul Tupai, Matt Lord, Harvey Thorneycroft, Matt Allen, Martin Hynes, Phil Pask, Matt Stewart, Simon Emms, David Elkington, Lennie Newman, Robbie Morris, Brett Sturgess, Paul Larkins, Matt Volland, Jon Sleightholme, Ian Vass, Darren Fox, Jon Phillips, Ben Cohen, Mark Soden, Simon Foale.

Bowling with Saints

A group of Northampton Saints fans joined members of the playing squad for a game of bowling in aid of the Foundation! Thank you to James Fish for organising.

If you would like to fundraise for the Foundation please contact:

admin@northamptonsaintsfoundation.org

CASE STUDY: Maisie



From year 8, school became difficult for Maisie who developed a phobia and showed traits of anxiety and depression. This resulted in her not sleeping at night and refusing to go to school. She began home schooling at the age of 12, due to these debilitating factors and although attempts were made, exams were not taken. Maisie joined college after school came to an end, but left when her anxiety became severe, leading her to join the Foundation's HITZ programme in January 2022.

During her time at the Foundation Maisie took part in confidence building and creative workshops and completed over 450 guided learning hours resulting in a number of qualifications. She began to improve her social interaction, communication skills and self-esteem which helped her to see the positives in everyday life. She was also awarded the Values Award at the annual Foundation awards.

Now, Maisie has moved onto employment in the hospitality industry having found a passion to pursue this career.

"The HITZ programme has improved Maisie's confidence, self-esteem and mental health. She has gained three valuable qualifications, completed a range of work experience activities and learnt to work in a team. These achievements will help her to access further education, training, or employment in the future".

- Maisie's mother

northamptonsaintsfoundation.org/programmes/hitz

We are incredibly grateful for the support of our corporate partners, who help us to broaden the horizons of our young people and add so much more to the work we do.

		
Caroline Braid		
Leon Mangan		
		
		
		
		

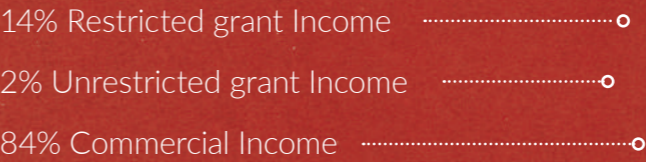
We would like to say a huge thank you to all the Grant providers that have helped to fund the work of the Foundation over the past 12 months.

Always a Chance	Dennis Alan Yardy Charitable Trust	Edith Murphy Foundation
The Frederick & Phyllis Cann Trust	Henry Sale Foundation	Maud Elkington
Margaret Giffen Charitable Trust	Milton Keynes Community Foundation	Milton Keynes Council - HAF
Moth in a China Shop	National Lottery – Reaching Communities Fund	Northampton Community Foundation - Constance Travis – Global Funds
Northampton Community Foundation – Queens Institute	Northamptonshire Sport HAF	The Wilson Foundation
Thomas and Rosemary Greehalgh Trust	Suffolk Community Foundation through the Suffolk Police and Crime Commissioner’s Fund	
Suffolk County Council - HAF	Wooden Spoon	

FINANCES

Income from 1st September to 31st August 2022	Unrestricted/ Commercial Funds	Restricted Funds	Total
Education	119,959	48,000	167,959
Social Inclusion	600,456	58,150	658,606
Fundraising	259,083	58,312	317,395
Heritage	0	3,000	3,000
Other	35,606	0	35,606
Total Income	1,015,104	167,462	1,182,566
Expenditure on			
Education	84,946	47,083	132,029
Social Inclusion	404,978	73,702	478,679
Fundraising	53,592	0	53,592
Heritage	11,051	3,000	14,051
Other	348,618	0	348,618
Total Expenditure	903,185	123,785	1,026,969
Net Income/ (Expenditure) for period Aug 2022	111,920		
Funds transferred into next restricted period	111,920	43,677	155,597
Total Funds brought forward Sep 2021	151,860		151,860
Total Funds carried forward	263,780	43,677	307,457

Income Analysis



Expenditure Analysis



Breakdown Grants Received





PLANS FOR THE FUTURE

We aim to give every person that needs our services the chance for a positive future.

We will continue to evolve and adapt our services to maintain our INSPIRE, SUPPORT and EDUCATE approach in Northamptonshire and beyond.



Inspire,
Support,
Educate.

To do this we will:



Maintain the financial viability of the charity by securing funding through a variety of funding streams



Be responsive to external factors that influence our charity



Be a high impact service, maintaining our 93% positive pathway outcome



Deliver the highest quality service to all that access our services

